

# NEWS

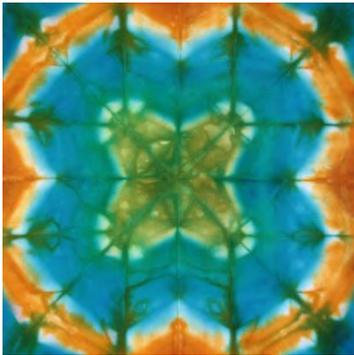
November/December 2017

[WWW.MNCONTEMPORARYQUILTERS.NET](http://WWW.MNCONTEMPORARYQUILTERS.NET)



**Monday, November 27, 2017 - 6:30 PM at the Textile Center:  
SCHOOLHOUSE!**

*(Remember: No December meeting)*



## **Shibori Meets Origami**

Shibori consists of binding, folding, stitching, twisting, or otherwise compressing fabric and then dyeing it. The different manipulations affect how the dye is absorbed into the fabric and produce beautiful patterns when you unfold and wash out the fabric. Kristin Lawson will show you how to create beautiful and unique dyed patterns using square pieces of fabric and origami-like folding patterns. It's much easier than it looks!

Shibori is a Japanese surface-design technique with infinite possible patterns. If you enjoy the meditative process of hand stitching, using shibori will be a fabulous addition to your textile repertoire. Ann Ribben's demo will cover 4 basic stitched-shibori patterns. She will cover supplies and resources and will show you a number of in-process and finished samples. A handout will also be available.

## **Stitched Shibori**



## **Textural Effects**

Add fun and intriguing texture to your work. Betsy Shannon will demonstrate different products that show unique textural effects to add to your work. Adding Nifty Notions' *Solvron*, Husqvarna's *Aqua Magic* or Pellon's *Texture Magic* to fabric, batting, and threadwork—together with water in various forms—may take your art quilts in a new direction or provide an additional way of embellishing.

## **Hidden Binding**

Jeanette Van Bockel will show you how a hidden binding can turn a quilt into an art piece. The traditional binding can distract from the art quilt, stopping the eye from traveling across the piece or preventing movement in the piece. You don't see the hidden bidding on the front of the quilt, preventing distraction; it provides a crisp, clean finish.



## **Photo Transfer and Stitch**

Learn how to transfer your photography onto fabric in a completely new way. Inspired by Marilyn Henrion's art quilt techniques, Peg LaSota will demonstrate using digitally enhanced photographs with Photoshop to create a unique look. Take that image and print it on cloth through Spoonflower and produce a new art canvas to embellish. The final step combines the photographic art quilt with traditional folk hand-stitched lines and circles for special effects.

MCQ BOARD CHAIR  
Carol Mashuga 651-452-4808  
[camashuga@q.com](mailto:camashuga@q.com)

VICE CHAIR  
Mimie Pollard 612-242-7637  
[mimiepollard@gmail.com](mailto:mimiepollard@gmail.com)

PROGRAM  
Peggy Wright 651-698-2760  
[pwright@rubywings.com](mailto:pwright@rubywings.com)

EXHIBITS  
Judy Osbon 414-218-8655  
[N426tango@att.net](mailto:N426tango@att.net)  
Carol Hancuh 651-681-1446  
[cookiemaker1420@gmail.com](mailto:cookiemaker1420@gmail.com)  
Sharon Castle  
[sharonski99@yahoo.com](mailto:sharonski99@yahoo.com)

MEMBERSHIP-TREASURER  
Tina Hughes 651-645-0945  
[tmhlt@msn.com](mailto:tmhlt@msn.com)

WEBMASTER  
Peg LaSota 612-275-5839  
[plasota@mac.com](mailto:plasota@mac.com)  
Debbie Boyles 651-338-0263  
[boylesmeister@gmail.com](mailto:boylesmeister@gmail.com)

SPECIAL EVENTS  
Nancy Eha 651-439-2827  
[nancyeha@beadcreative.com](mailto:nancyeha@beadcreative.com)

TWO BIT BAGS  
Joan Carver 651-649-1071  
[jycstpaul@gmail.com](mailto:jycstpaul@gmail.com)  
Sally Mortenson 651-675-9836  
[morte056@umn.edu](mailto:morte056@umn.edu)

NEWSLETTER EDITOR  
Sharon Englund 612-718-8558  
[englundmn@aol.com](mailto:englundmn@aol.com)

HOSPITALITY-RETREATS  
Nancy Condon 651-235-7820  
[nancycondon06@gmail.com](mailto:nancycondon06@gmail.com)  
Leah Doherty 651-636-5723  
[doher001@umn.edu](mailto:doher001@umn.edu)

SECRETARY-SUNSHINE  
Leah Doherty 651-636-5723  
[doher001@umn.edu](mailto:doher001@umn.edu)

LIAISON TO TEXTILE CENTER  
Tina Hughes 651-645-0945  
[tmhlt@msn.com](mailto:tmhlt@msn.com)

Next Board Meeting:  
Monday, November 6, 2017 at  
the home of Carol Hancuh.  
3725 Burgundy Drive, Eagan, MN  
55122 651-681-1446



## FROM THE MCQ CHAIR: CAROL MASHUGA

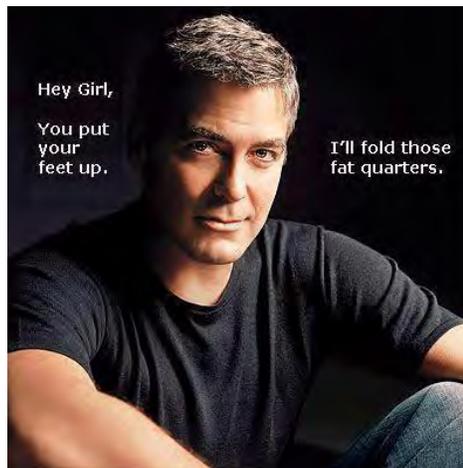
It seems very strange to be writing my final column as president of Minnesota Contemporary Quilters. This year has sped by with incredible speed.

Working with our board of directors has been a joy -- they bring years of experience, amazing skills, and a genuine commitment to our members and the art of contemporary quilting.

As a leadership team, we have taken some risks this year. The tour of Tim Harding's studio, the Denyse Schmidt lecture, the Rosalie Dace events, and the Guthrie tour and lunch were all new ventures for us. But the outstanding participation and excellent behind-the-scenes work made our efforts succeed.

The newsletter has been fun and colorful (thanks, Sharon E.), and the programs were inspiring (thanks, Peggy). The website is wonderful (thanks, Peg and Debbie). The two retreats have been very popular (thanks, Nancy C. and Leah), and we have enjoyed special events (thanks, Nancy E.) Two-bit bags provides light-hearted fun and contributes to our budget (thanks, Joan and Sally) The MCQ challenge for 2017 was fabulous and the theme for 2018 promises to be phenomenal (thanks, Judy, Carol H., and Sharon C.) Our finances are in great shape (thanks, Tina), and the board minutes are done in record time (thanks, Leah). And, last but certainly not least, thank you to Mimie for agreeing to lead our organization in next year.

I have truly appreciated the tremendous support of our membership. Each time that we have asked for help, our members have responded. Our survey confirmed that we are committed to building our skills and our sense of community. And, I am really pleased that we have 16 new members.



2018 promises to be a fantastic year. We are planning wonderful opportunities that will inspire and delight. I'm looking forward to having fun, creating new work, and continuing to enjoy the support of a fabulous and creative community of fiber artists.

Thank you,

Carol



**EXCITING NEW CHALLENGE FOR 2018-19**

**"Inspired By..."**

It's not too early to think about our challenge quilts for the 2018-19 season. Our new theme is, (drum roll please).....**Inspired by [Artist of your choice]**. Wow! This opens up a lot of possibilities. Is there an artist who inspires you on your artistic journey? To try new techniques? To work with new materials? Or simply create? Let your imaginative interpretations run wild with this year's theme. Registration forms and additional guidelines will soon be available on the [MCQ website](#) and at the MCQ meetings. Watch for them.

\*\*\*\*\*

**Special Events Black Friday Sew-In: Friday, November 24, 10 am – 5 pm, Textile Center**



What better way to spend the biggest shopping day of the year than sewing with your MCQ buddies? The cost is just \$15 for MCQ members, \$20 for non-members.

Bring holiday projects, UFOs, your sewing tools, and a goodie to share for the treat table. Lunch is on your own, however, you may use the Textile Center kitchen's fridge, microwave, or toaster oven.

At 10:30 am there will be a special opportunity to learn about tools available to members from the Textile Center's library. Nancy Mambi will also teach anyone who would like to make a screen using the Thermofax machine. There is a \$5 cost to use the machine and \$.50 an inch for screen materials. Talk to Zeeda if you are interested in making a screen, she can give you more details on what to bring.

Space is limited, so sign up soon! [Download the registration form](#) (one form per person please)

\*\*\*\*\*

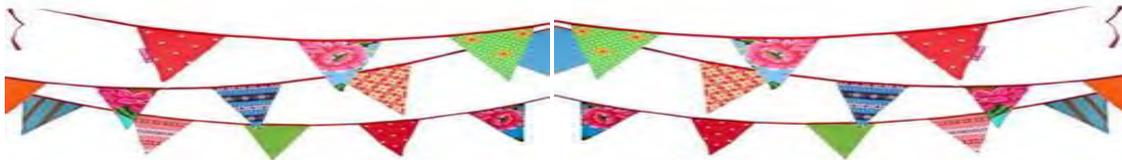
**EXHIBITS COMMITTEE - JUDY OSBON, CAROL HANCUH, SHARON CASTLE**

MCQ Exhibit Big and Small is at Edgecombe Presbyterian Church now thru October 22nd.

It will travel to Waite Park Public Library in St. Cloud October 25th thru Nov 25th.

Other upcoming venues include:

White Bear Lake Universalist Unitarian Church and  
Roseville City Hall



\*\*\*\*\*

**TWO BIT BAGS - JOAN CARVER, SALLY MORTENSON**

**November** - We'll clean out Joan's closet. She will be ending her term as 2-Bit Bags Chair. It will be time to gather up all that she has collected, and put it in your hands to use and enjoy.

**January** - The 9/37 Group has volunteered to provide items for January with a kitchen theme. A talented group who are creating items you will all want. Thanks again to the Cave Women for inspiring this group to volunteer. How about another of the small groups volunteering for April or May?

Sharon Englund will be co-chair with Sally Mortenson for 2 Bit Bags beginning in January.

**fabric, chocolate, wine, quilt books, and more**



Carol Egan's small quilt, **A Walk in the Garden**, was chosen to hang in an art exhibit at Southwest Minnesota State College in Marshall, Minnesota, January 8 - February 16, 2018.



Peggy Wright is having a solo show at St. Matthew's Episcopal Church, 2136 Carter Ave, St Paul, MN 55108, October 29 to December 29.

Left is Peggy's **Neon City Nights**

## Congratulations Everyone!

\*\*\*\*\*



### PET BEDS

**PLEASE be careful if you are saving pet bed stuffing.**

Some MCQ members make and stuff pet beds for various recipients. They always appreciate your snippets and scraps of batting for the inner stuffing. Once in a while, however, pins and/or needles are found in the donated stuffing. Obviously, it cannot be used at all in the pet beds and has to be thrown away.

#### Sharps container

Make yourself a sharps container for your sewing room. An empty prescription bottle or a covered tin are good or any sturdy container with a tight fitting lid. Label it "Sharps" or "Needles." Put your bent pins, dull needles, rotary cutter blades etc. in to it. When it is full, throw it away. Tossing needles into the scraps of fabric can be dangerous for the pets, you or anyone handling your trash.

A short excerpt from the Editor:

Last week I was just about ready to empty my designated scrap bucket into a pet bed when.....

**oh horrors!!!!!!!!!!!!!!**

An open box of pins **LEAPED** off the cutting table and landed up-side-down, right into that scrap bucket.

I tried to rescue the pins from the stuffing and got some out but alas, they wriggled themselves right down into the depths of the bucket and doggonnit, I had to toss **the whole bag** into the trash.

Oh well, the bucket got a new plastic bag liner and is now on its way to be filled once again....  
...and the pins are far away from the edge of the table!

\*\*\*\*\*

## HEY YOU! LISTEN UP:

### Do you have a textile-related website or blog?

If so, let us know and if you wish, we'll add the link to a new page we're developing for the MCQ website.

Email your name, title of the site or blog, the link, and a sentence of description to:

Debbie Boyles, [boylesmeister@gmail.com](mailto:boylesmeister@gmail.com).



**TEXTILE CENTER LIAISON - CAROL MASHUGA**

The **fall class schedule** is out; check the [Textile Center](#) website for all of the details.

\*\*\*\*\*

**MEMBERSHIP/TREASURER - TINA HUGHES**

Greetings members! Here are two interesting membership bits of info:

1. The Textile Center has a special, discounted membership level available to affiliated guild members, called "Bamboo", that is only \$35. It gives one all of the member benefits of a full Textile Center membership which is \$55. As a MCQ member, you can take advantage of this discount.
2. MCQ works at keeping its membership list up to date. In order to do that, a member is given two email reminders to renew. Either the member can renew as of their actual renewal date or be taken off the MCQ membership list.



**TEXTILE CENTER LIBRARY**



One of the benefits of belonging to Minnesota Contemporary Quilters is access to excellent collection of fiber-related materials at the Textile Center library. The library contains a broad range of books, magazines, DVDs, and tools useful for contemporary quilt artists. Each year, MCQ makes a donation to the Textile Center library to purchase books suggested by our members. The books purchased with MCQ funds in 2017 include the following:

- 1 Artful Improve: explore color recipes, building blocks & free-motion quilting by Cindy Grisdela
- 2 Textile Nature: textile techniques and inspiration from the natural works by Anne Kelly
- 3 Stitch Stories: personal places, spaces and traces in textile art by Cas Holmes
- 4 Landscape Art Quilts, Step By Step: learn fast, fusible fabric collage with Ann Loveless
- 5 Art Quilts International, Abstract & Geometric by Martha Sielman
- 6 Wen Redman's Digital Fiber Art: combine photos & fabric: by Wen Redman
- 7 Textile Collage: using collage technique in textile art by Mandy Pattullo
- 8 Spunbonded Textile and Stitch: Lutradur, Evolon and other distressables by Wendy Cotterill
- 9 Complete Guide to Designing and Printing Fabric by Laurie Wisbrun
- 10 The Stitch Bible: a comprehensive guide to 225 embroidery stitches and techniques by Kate Haxell

The catalog listing the all of the materials in the library is available on the [Textile Center website](#).

**Check out a book next time you're at the Textile Center**

\*\*\*\*\*

## RENEWALS DUE

# No-Bake Chocolate and Peanut Butter Cookies



### INGREDIENTS

1 1/2 cups sugar  
1/2 cup unsalted butter  
1/2 cup milk  
1/4 cup cocoa powder  
1/2 cup creamy peanut butter  
1 teaspoon vanilla extract

**NOVEMBER**  
LaVonne Batalden  
Nancy Birger  
MaryEllen  
Calderwood  
Kathie Simon Frank  
Tina Hughes  
Judy Lewis

**DECEMBER**  
Sarah Gannett  
Kristin Hoelscher-Schacker  
Cyndi Kaye Meier

1/4 teaspoon kosher salt  
3 cups rolled oats (gluten-free, if needed)  
For the peanut butter drizzle (optional):  
3 tablespoons creamy peanut butter  
2 teaspoons coconut oil

### DIRECTIONS:

**1 Line a baking sheet with parchment and set to the side.**

**2** In a medium saucepan over medium heat, combine the sugar, butter, milk, and cocoa powder. Cook until the sugar and butter are melted, stirring to combine. Bring the mixture to a boil, and then continue to boil for 1 minute. Pour the mixture into a large mixing bowl and stir in the peanut butter, vanilla, and salt. Stir in the rolled oats.

**3** Using a medium cookie scoop or tablespoon, place the cookie dough on the lined parchment baking sheet in well rounded mounds. You may gently roll them in your hands to make them round.

**4 (optional):** If you'd like to add the peanut butter drizzle, melt the peanut butter and coconut oil together in the microwave for 30 seconds. Stir to combine, then drizzle over the cookies.

**5 Refrigerate for 20 minutes to firm up the cookies and set the drizzle.** Transfer to an airtight container.

Cookies will keep for about a week at room temperature, or a month if refrigerated. If you added the peanut butter drizzle, keep refrigerated so the drizzle stays firm.

*Simply Recipes ~ [http://www.simplyrecipes.com/recipes/chocolate\\_and\\_peanut\\_butter\\_no\\_bake\\_cookies/](http://www.simplyrecipes.com/recipes/chocolate_and_peanut_butter_no_bake_cookies/)*

**MCQ meetings** are held the fourth Monday  
(3rd Monday if fourth is a holiday)  
at 6:30 p.m. at the Textile Center,  
3000 University Avenue SE, Minneapolis.  
No December meeting.

#### **Membership information:**

Annual dues are \$40. The newsletter by postal mail has been discontinued as of the 2017 July/August copy; some copies available at the Textile Center.

Renewals are due

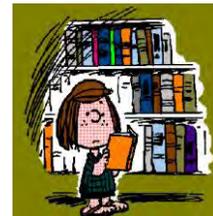
on the anniversary of when you joined.

Make checks payable to Minnesota Contemporary Quilters and mail to:

Tina Hughes,

1374 Raymond Ave, St. Paul MN 55108.

E-mail: [tmhlt@msn.com](mailto:tmhlt@msn.com) with address changes or for membership assistance.



#### **Textile Center Library**

As a member organization of Textile Center, MCQ is responsible for providing funding and volunteer help to the library.

Access to the Textile Center Library is a benefit of membership in MCQ.

Come early and check out a book!

# 2017 FALL RETREAT

Searching for treasures under the table  
by persons who will remain anonymous.



Leah Doherty



Nancy Condon





Brita Hedblom and Nancy Eha



Barb Bonifas, Jan Schmidt, Joann Nordin and Kim Jacobson